# The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – August 3, 2023

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors\* - Please join us for dinner – our shout!

Contact the editor for more details



### **President's Message**

Greetings fellow Rotarians.

We were blessed with a sunny day for National Tree Day on Sunday the 30th when we met up with the Merri-Bek Council at Gavin Park on Northumberland Rd. A big turnout from the community with parents, grandparents and children all contributing. Many hundreds of native plants were planted and watered into place. Meanwhile Steve P and Grady B were cooking up a storm on the BBQ – planting done, many hard workers arrived to eat - not one sausage left over! Excellent planning.





We've applied for a District Grant to bling up the BBQ trailer/coolstore so fingers crossed.

Some upkeep gardening coming up on a property in Essex St on Aug 5th – the team will be there, clippers and whipper-snippers at the ready.

I joined a Regionalisation Update Zoom meeting on the 29th. The major aims are to increase regional governance and transform Rotary/Rotaract by having one voice, consistent strategy, more support for clubs and encouraging collaboration between clubs. I urge you all to go to <a href="http://creatingtomorrowrotary.org">http://creatingtomorrowrotary.org</a> to read more about this. Also email <a href="mailto:rotaryregionalpilot@gmail.com">rotaryregionalpilot@gmail.com</a> if you wish to contact them. A lot of work has been done and still much to do. Stay safe and well.

Heather Harris President Pascoe Vale Rotary

### THIS WEEK

This week our speaker will be Steve Leyt from the Pat Cronin Foundation.

The Pat Cronin Foundation provides an optimistic voice and empowering approach to awareness, education and research—working with schools, clubs, community groups and young people to End the Coward Punch.

### Join us online!

## ## NOTE ## – Change of Meeting Access code

Following some difficulties with getting zoom up and running, we now have a new meeting details.

ZOOM meeting details (available every week) Click on the link to join our meetings, everyone is welcome.

https://uso5web.zoom.us/j/8634 og1224o?pwd=c1ZIUGFLWFNSU TU2SmRDQIFUdo9oZzo9

Meeting ID: 863 4091 2240 Passcode: 4SnEt6







### **Upcoming Events**

3 <sup>rd</sup> August	Steve Layt, Pat Cronin Foundation
6 <sup>th</sup> August	Bunnings BBQ
10 <sup>th</sup> August	Andrew, Police Veterans Victoria
17 <sup>th</sup> August	Mandy Gosetti, founder of "I'm Still Learning" (Home
	Maintenance)
7 November	Community Raffle drawn (Cup Day)
19 November	RYLA 2023
19 April	2024 District Conference Shepparton

Australian Rotary Health Let's Get Together Melbourne



Pat, Anna and Chris on back table. PDG Bernie Bott standing

A few weeks ago, Australian Rotary Health hosted it's annual Let's Get Together in Melbourne. Rotarians met with one of our Indigenous Health Scholarship recipients and 5 of our PhD scholars. All shared their journey so far and each thanked Rotary and ARH for the role they are playing in their commitment to health. The PhD scholars are undertaking research work in a range of health areas such as: polycystic kidney disease, PTSD, traumatic brain injury, rural mens mental health and prostate cancer. Their research is supported and funded by ARH alongside Rotary Clubs in Australia.

# THIS WEEK'S CELEBRATIONS:

**Birthdays:** 

None

**Anniversaries:** 

Don & Joan Cox 7 August

## **President Spotlight**

**Chris Lang 2009-2010** 



# What do you know about this Rotarian?

**Day Job:** Manager of a team resolving Life Insurance complaints at AFCA! Working actively towards retirement in 2024!













For many Australians, completing the Kokoda Track is a 'bucket list' item. Mike Greenslade from Shelterbox invites you to join him on this iconic trek and help raise funds for disaster relief. Tuesday 16 April to Thursday 25 April 2024.

Regarded as one of the world's greatest treks, the Kokoda Track links the south and north coast of Papua New Guinea, across 96 kilometres of rugged mountain terrain and tropical rainforest. As part of this epic adventure, you'll retrace the steps of ANZAC soldiers, following timeworn jungle trails for nine days.

Over the past few years, intrepid supporters taking part in our 'Trek 4 Shelter' campaign have raised over \$190,000. We hope our Kokoda Trek will enable us to reach our \$250,000 target.

### On this day in 2008

15 years ago, 4 Pascoe Vale Rotarians and 8 friends flew to Port Moresby in PNG to begin a 9 day walk from Owers Corner to Kokoda. The project raised \$16,000 for Rotarians Against Malaria and in donating these funds adopted villages in both PNG and Bougainville by providing protection through insecticide treated bed nets saving lives and improving lifestyle.





Fun Fact: I was a doorman at the London Walkabout Club in 1984. Lots of fun for FA Cup final when UK had split opening hours so one of the few places open to get a drink watching the game. Keep out the Irish I was instructed!

## Favourite Rotary Moment:

So many...

- -Rotaract Exchange Team to Districts 9910 and 9920 (NZ) in 1989
- -Attending my first Rotaract International Convention in 1990
- Travelling the Oodnadatta Track with Rotarians
- -Walking the Kokoda Track,
- Building a shed in Gizo,
   Solomon Islands to house mosquito nets
- -Attending my first RI Convention in May this year

# Song you listen to with the windows down:

I need to know by Tom Petty!

# Favourite place to meet a Rotarian for a beer:

Gizo Yacht Club or Fatboys Resort in Solomon Islands

**Love of your life:** My darling wife, Rebecca, and our children Emma and Jamie!











#### Merri-bek CommSafe Forum - Victoria Police

Victoria Police invited members of the community to attend the Merribek CommSafe Forum.

When: Thursday 10 August 2023

Where: Glenroy Community Hub - 50 Wheatsheaf Rd, Glenroy

Time: 9.30am - 12.30pm

The forum welcomes local services and community members to talk with police about what is important in your community.

The forum will explore a range of topics including:

- Current crime trends and crime prevention
- Young people
- Family violence
- Road policing
- Drugs and drug related crime

The forum will be run by a Victoria Police panel. Questions will be taken from the audience throughout the event.





You must register to attend: <u>merri-bek-forum-2023-mgr@police.vic.gov.au</u>

Crazy Moments: I once arrived in London with no accommodation booked! Travelling at 200km/h on a freeway in Frankfurt!



















### Club Messages/Cards -

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Lia Wolfe (P.P. Pat's daughter) who will arrange for an appropriate card to be sent on behalf of our Club.

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