

The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – August 17, 2023

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors* - Please join us for dinner – our shout!

Contact the editor for more details

Pascoe Vale
Rotary



President's Message

Greetings fellow Rotarians

Firstly, a huge cheer to the Matilda's for their heart-stopping soccer win on Saturday night. Just WOW!



I've been out of town so missed hearing the Thursday meeting speaker, Andrew from Police Veterans, who from all accounts gave a very compelling presentation. Many thanks to Andrew for giving us his time and experience.

I attended the district cluster meeting last Monday and heard what each club is planning to address local issues. Environmentally Ivanhoe RC is fundraising by selling tickets to see the acclaimed documentary – “Bob Brown Giants” – at Thornbury Picture House on August 29th at 6.30pm. Booking via Trybooking. Would love to see some familiar faces there. Worthy cause.

On August 29th I'm attending a round table discussion convened by Friends of Merri Creek and Merri Paddle about improving Merri Creek water quality to a level where platypus can be reintroduced. Watch this space. I found myself in at Portland Library meeting and greeting last Thursday evening. Historic part of Western Victoria where I grew up. Apparently the Southern Right and Blue Whales are currently making their annual Air B 'n' B stopover there. Unfortunately we didn't catch a glimpse even though we were looking hard!

Heather Harris PHF
President
Pascoe Vale Rotary

THIS WEEK

This week our speaker will be Mandy Gosetti, founder of “I'm Still Learning” (Home Maintenance).

Join us online!

NOTE ## –
Change of Meeting
Access code

Following some difficulties with getting zoom up and running, we now have a new meeting details.

ZOOM meeting details
(available every week)

Click on the link to join our meetings, everyone is welcome.

<https://us05web.zoom.us/j/86340912240?pwd=c1ZIUGFLWFNSUjU2SmRDQlFud0goZzo9>

Meeting ID: 863 4091 2240
Passcode: 4SnEt6



Upcoming Events

17 th August	Mandy Gosetti, founder of "I'm Still Learning" (Home Maintenance)
27 th August	Taste of RYLA
16 September	Rotary Club of Whittlesea 25 Years Celebration
22 October	Let's walk for mental health
24 October	Polio Awareness Day
7 November	Community Raffle drawn (Cup Day)
19 November	RYLA 2023
19 April	2024 District Conference Shepparton

Police Veterans Victoria (PVV)

PVV provides Support to Victoria Police Veterans and their families. In the past 12 months, PVV have supported over 400 police veterans.



Police and PTSD

- 1 in 3 police employees experience high or very high psychological distress
- 1 in 5 will go on to develop PTSD
- Most people in the general population are exposed to 3-5 traumatic events in a life time. Police are exposed to 400-600 traumatic events during their careers
- It is estimated that 20% of the 15,000 Victoria Police veterans have PTSD

More support is required to help Police Veterans and your Board is looking at options to assist.

THIS WEEK'S CELEBRATIONS:

Birthdays:

Peter Arnheim 21 August
Valerie Gorman 24 August

Anniversaries:

None

President Spotlight

Athol Jackson 2005-2006



What do you know about this Rotarian?

Day Job: carer and volunteer

Fun Fact: travel and meeting friends



What do RABBITS and POLIO have in common?

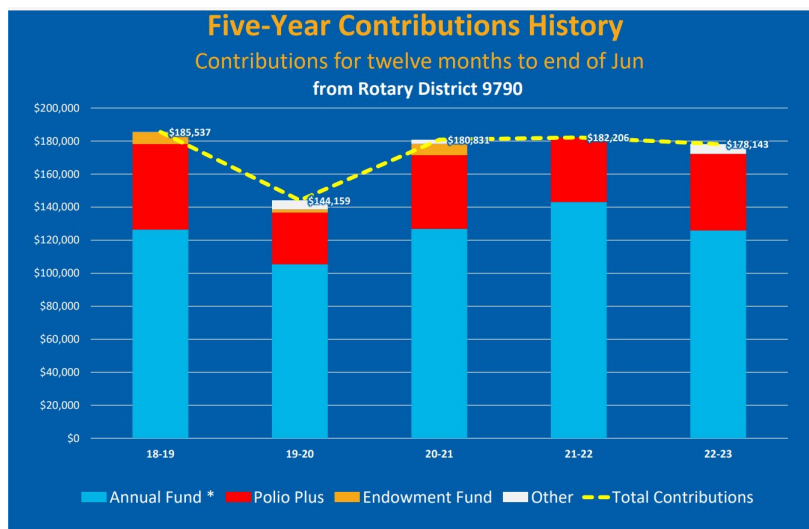
The introduction of myxomatosis in the 1950s eradicated 99.8% of the rabbit population. We have now eradicated over 99.8% of the wild polio viruses from the World.

We know what happened when we didn't finish the job with the rabbits. Let's not do the same with polio!



We need to keep immunising EVERY child for as long as wild Polio still exists and this is an enormous and expensive job. We need every Rotary club, and indeed every Rotarian to make an effort to help us stamp out this dreadful disease.

Here is our District's contribution over the past 5 years to Rotary Foundation



Polio Awareness Day falls on 24th October every year. What will our Club do to raise awareness and funds for polio eradication?

Favourite Rotary Moment:

Fellowship and receiving Paul Harris Fellow x2

Song you listen to with the windows down:

many Christian song, "He touched me" By Gaither music. Brass band marches and piano jazz

Favourite place to meet a Rotarian for a drink:

Hoppers crossing coffee shop

Love of your life:

Ursula and Family and helping people

Crazy Moments:

when I had to conduct a funeral and had left all my notes and books at home

Let's Walk for Mental Health

Mental Health Foundation Australia's Annual National Walk for Mental Health is being held on the 22nd of October 2023 at 10:30 am in each state and territory of Australia. Our walks are the perfect opportunity for the community to come together to raise awareness and advocate for mental health.





Selection for 2025-26 Rotary International President

Mário César Martins de Camargo, a member of the Rotary Club of Santo André, São Paulo, Brazil, is the selection of Nominating Committee for President to become Rotary International's president for 2025-26. He will officially become the nominee on 15 September if no other candidates challenge him.

"Rotary today has strong competition for members and funds," he says. "We need to rejuvenate the brand, especially in some zones. We should utilize post-pandemic meeting tools ... to allow the president to address Rotarians all over the globe. We also need to develop more long-term partnerships with political, community, and business leaders. Let's emphasize our greatest asset: 1.4 million volunteers."



TO GERARD, BRUNO & OTHERS
MANY THANKS TO YOU, AND
YOUR TEAM FOR YOUR WORKING
BEE IN MY GARDEN ON 5/8.
PLEASE BE IN TOUCH IF
SOMEONE IS HAPPY TO KEEP IT
UNDER CONTROL ON A MONTHLY, PAID
BASIS.
SINCERELY,
LYN HENDERSON

Pascoe Post Feedback

I enjoy reading the Pascoe Post!

The possible Global Grant project looks great to me and I love the fact that your club likes to do 'hands on' projects.

Please pass on my best wishes to the club.

Stephen O'Connell OAM
District Governor 2024-2025
RI District 9790

A Taste of RYLA 2023

Many of you have witnessed first-hand the excitement and joy that Rotary Youth Leadership Awards (RYLA) has distilled on past RYLarians. RYLarians always struggle to articulate what it was from the week long, self-discovery journey that managed to change their life and have such a profound impact on their lives in such a short time!

Would you like to discover some of the RYLA secrets and get a taste of the conference that has changed so many young lives for the better?

The RYLA Supporters are offering all Rotarians, partners, staff of businesses, clubs and not-for-profits the opportunity to be part of a mini RYLA. Take away the same excitement and joy, in the hope that





your experience will assist you in finding RYLA candidates, and in developing key skills that will assist in the journey of life.

When: Sunday, 27 August 2023

Time: 10am to 3pm

Where: Pascoe Vale RSL, 40 Cumberland Road, Pascoe Vale, Victoria 3044

Investment in you: \$20 lunch and all materials provided. Use this link to sign up and pay...<https://ryla9790.org.au/taste/>

We guarantee you LAUGH, LEARN, have FUNN (yes double N) and may shed a tear. If not we will refund your money!!! Spots are limited and it is a first in best dressed so head over to <https://ryla9790.org.au/taste/> and book your spot.

If you have any questions Kerry Jones (0414 861 557) or Linda Gidlund (0418 173 279) and this is not open to potential RYLA candidates only Rotarians, partners, staff of businesses, clubs and not-for-profits.



Club Messages/Cards –

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Lia Wolfe (P.P. Pat's daughter) who will arrange for an appropriate card to be sent on behalf of our Club.

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The Pascoe Post

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