The Pascoe Post

Newsletter of the Rotary Club of Pascoe Vale – July 13, 2023

The Club meets at the Pascoe Vale RSL each Thursday night at 6.30pm. We have some great speakers. Visitors* - Please join us for dinner – our shout!

Contact the editor for more details



President's Message

Firstly, congratulations to Community Director and AG Pat Solibakke on being awarded a Paul Harris Fellowship at last week's meeting. A very well-deserved recognition of a member who works tirelessly for the community and who has done so for many years. Heartiest congratulations Pat.





Last week Pat and I went to Melbourne University as guests of Spark Engineering/Youth Without Borders STEM workshop, attended by 36 students from both city and rural schools. Very impressive all round. What an enthusiastic group of young men and women. All were keen to know what Rotary does and how they might be involved. Again it showed how important it is that our club uses social media to tell the world when we have a community function. Otherwise, we remain invisible and our range of work is unrecognised.

This Sunday we are having another Plogging session to clean up around the beautiful Merri Creek. Meeting at De Chene Reserve in Urquhart St at 10 am, rain or shine. Would love to see some of you there. It's been suggested we have some sort of Christmas party this year and invite along friends and family. Would love to hear some feedback and suggestions on this idea. It's not as far away as you think......

Yours in Rotary Heather Harris PHF President

THIS WEEK

This week our speaker will be
Darren Saffin, President of the
Pascoe Vale chapter of the
Tough Guy Book Club. The
Tough Guy Book Club is a NotFor-Profit Registered Charity run
by volunteers that works to
encourage reading, build
comradery, fight isolation,
improve mental health, and
increase the amount of pub
arguments about books.

Join us online!

NOTE ## – Change of Meeting Access code

Following some difficulties with getting zoom up and running, we now have a new meeting details.

ZOOM meeting details (available every week)

Click on the link to join our meetings, everyone is welcome.

https://uso5web.zoom.us/j/8634 og1224o?pwd=c1ZIUGFLWFNSU TU2SmRDQlFUdo9oZzo9

Meeting ID: 863 4091 2240 Passcode: 4SnEt6







Upcoming Events

13 th July	Darren Saffin, President, PV Tough Guys Book Club
16 th July	Merri Creek Clean Up, De Chene Reserve - details below
20 th July	Club Dinner Meeting
27 th July	Club Dinner Meeting
3 rd August	Steve Layt, Pat Cronin Foundation
6 th August	Bunnings BBQ
10 th August	Andrew, Police Veterans Victoria
17 th August	Mandy Gosetti, founder of "I'm Still Learning" (Home
	Maintenance)

Pascoe Vale Rotary has sponsored a student to attend the Spark Engineering Camp which is run by young volunteers in their early 20s for years 10 - 12 students, from NSW, Tasmania, and Victoria, who are interested in Engineering.

President Heather and I attended a lunch and a mentoring session for these young people who are attending a week long session at Melbourne University. Accommodation is at Ormond College and provided free of charge for the students

What an impressive and inspirational group!

The staff are volunteers, many of whom have been through the program themselves and are now giving back to the community. We were part of the mentoring session and were able to inform the young people about the Youth programs in Rotary and how Rotary works. We encouraged them to speak with their local Rotary clubs and find out how Rotary could help them and how they could contribute to Rotary. Many were interested in Youth exchange and the NYSF program.

Hopefully, we have inspired a young group of impressive young people to attend a Rotary Club near them

Yours in Service

Pat Solibakke Assistant Governor 2 District 9790

THIS WEEK'S CELEBRATIONS:

Birthdays:

None

Anniversaries:

None















ALARE - REPORT MAY 2023 By social worker Aisha



Alare as usual, still likes to be around animals. Isolating himself from the rest of the children is always his priority. He missed out on fruits which had been cut into pieces and the children were enjoying. The aunt knew that all the children were present thus after giving everyone each, she gave out the rest as surplus. He then came back later and claimed that he has not got after being told by colleagues that they have eaten some fruits.







Luckily enough there were some mangoes still remaining in the store so he was given. To our surprise, he didn't sit there as a lesson learnt, he went to where he was after completing eating and followed the farm boy and was helping him to graze the cows and keep them inside the shade. A baby calf by the name Cathy normally grazes inside the compound, and Alare makes sure that the calf goes inside that's when he will look for something else and do. There is also one chicken in the compound, and Alare is the one who mostly takes the chicken to where it supposes to sleep at night. He also helps the cats out together with the other boys to protect them from being hurt by the dogs. If the dogs are still in their kennel, he will also make sure that he removes the plates out and goes to open for their kennel so that they can come

Last Week



Last week's speaker was Catherine Eagleson, the founder of the Clue Detective Puzzle Agency. Catherine's approach to Mental Health issues was different and refreshing. With the arrival of the COVID era, more and more people are struggling with their mental health. One of the benefits of solving puzzles is that they can alleviate anxiety. It does this by helping puzzlers to engage their brains in a challenging and enjoyable activity that will provide a sense of achievement.

Find out more at https://cluedetectivepuzzleag
ency.com/about-the-clue-detective/





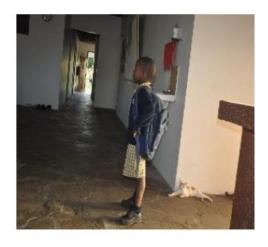






and eat. This child has much interest in animals more than anything else. After coming from school, he doesn't look at who is doing his homework and who is watching. He won't care if all are watching TV and he is the only one doing the homework. He will concentrate on his work until he finishes. He will then decide if he wants to start watching TV or go outside of which many times, he watches TV at night where he is not allowed to go outside. I am quite sure if he is allowed to go out at any time he pleases then he would go to the farm boys and be with them on the farm with the animals. He is so much different compared to the other boys.





He doesn't have time for unnecessary stories and will only do to what he thinks is beneficial to him. He knows how to care for all the animals. He doesn't ask how to do his homework. It seems that he normally concentrates in class and when he comes home, he knows what he is supposed to do. Like most of the time, he is the one who completes his homework first and the rest follow. There is nothing to worry in his education and so far, so good. He also did his mid term exam although the results have not been given. I am very sure that he has done averagely well. He has not become sick for the whole month

Rotary International
President Jennifer Jones
insists Rotarians have to
finish the job of eradicating
polio



Jennifer Jones and Aidan O'Leary at the House of Commons.

Jennifer warned Rotarians against polio fatigue by insisting that the world has never been closer to winning the battle against the disease.

Speaking at an End Polio Now event at the House of Commons, the Canadian said she was mindful of how Rotarians have heard over many years how close the world was the seizing victory.











Span RRR Hub
External Hub Access Register





Community Partnerships & Links

Span is partnering and working with other local organisations active in the repair and reuse space to support them and connect the community with their great work.

Our main Project Partners for the RRR Hub are Darebin Hard Rubbish Heroes (DHRH) and Transition Darebin and we are delighted to be working with these amazing people to jointly address sustainability issues in our community.

We will develop more relationships as we go, but if you see a way for Span to support work you're involved in locally, please get in touch for a chat.

Bring it to Span - We are currently recycling the following -

Plastic Bread Tags - Please collect plastic bread tags to Pat for recycling. Span is now a central collection point for Aussie Bread Tags for Wheelchairs who use these to generate funds for wheelchairs in South Africa.

Other items that can be recycled included Batteries, Buckets, CDs / DVDs, Cool Bags, Corks, Egg Cartons, Elastic Bands, E-Waste, Food Waste, Gel Packs, Light Globes, Mobile Phones, Pantry Food Items, Plastic Bottle Tops, Towels / Bed Linen, Twisty Ties, and Working Tech BUT NOT soft plastics.

More info at https://spanhouse.org/sustainability-span/rrr-hub-2/repair-reuse-recycling/

"We get fatigued sometimes and people wonder when is it going to happen," said Jennifer.

"But the reason for nights like tonight is to let you know that we are within reach and we have to have the confidence that we are going to do this and keep our promise to the children of the world."

More details at

Rotary International President
Jennifer Jones insists Rotarians
have to finish the job of
eradicating polio - Rotary in
Great Britain and Ireland
(rotarygbi.org)



















Not Another One!

YES!

Another Bunnings BBQ is coming!



August 6th,
Please let Matt, Steve, or
Lois know if you're available













Victoria Police

Merri-bek CommSafe Forum

Community Invitation

Victoria Police invites members of the community, to attend the Merri-bek CommSafe Forum

When: Thursday 10 August 2023 Where: Glenroy Community Hub 50 Wheatsheaf Road, Glenroy Time: 9.30am-12.30pm

The forum welcomes local services and community members to talk with police about what is important in your community.

The forum will explore a range of topics including:

- · Current crime trends and crime prevention
- · Young people
- · Family violence
- · Road policing
- · Drugs and drug related crime.

The forum will be run by a Victoria Police panel.

Questions will be taken from the audience throughout the event.

Registration is a must. To register your interest, please send your details to: merri-bek-forum-2023-mgr@police.vic.gov.au.

Refreshments and food will be offered, if there are any dietary requirements, please include them in your registration.

Safe community
Safe speeds
Safe people

Welcome to the District 9790 Website!

DG Neta Kirby welcomes you



Home Page | District 9790 (rotary9790.org.au)











Club Messages/Cards -

If you know of any Current, Honorary/Past Member or family or friends of or Rotary Club who could benefit from a card or message, please get in touch with Lia Wolfe (P.P. Pat's daughter) who will arrange for an appropriate card to be sent on behalf of our Club.

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The Pascoe Post

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